

Children work in pairs to illustrate pages for the 14 emotions they learned in the Lions Quest K-2 program. Put the pages together to create a Classroom Emotion Book.

**Materials:** The Classroom Emotion Book cover and pages included in this document; coloring supplies; tape, brads, or a report cover to hold the book together

**Grouping:** Pairs

**Instructions:**

1. Form pairs (use a creative grouping strategy).
2. Give each pair a page from the Classroom Emotion Book and some coloring supplies.
3. When the children choose an emotion, confirm their choice against the list of situations and emotions below.

**Note:** There is more than one valid emotion for some situations. If you want the classroom book to include all the emotions, you can guide the children toward the emotion intended for their situation. You can also let the children move forward with the emotion they agreed on together.

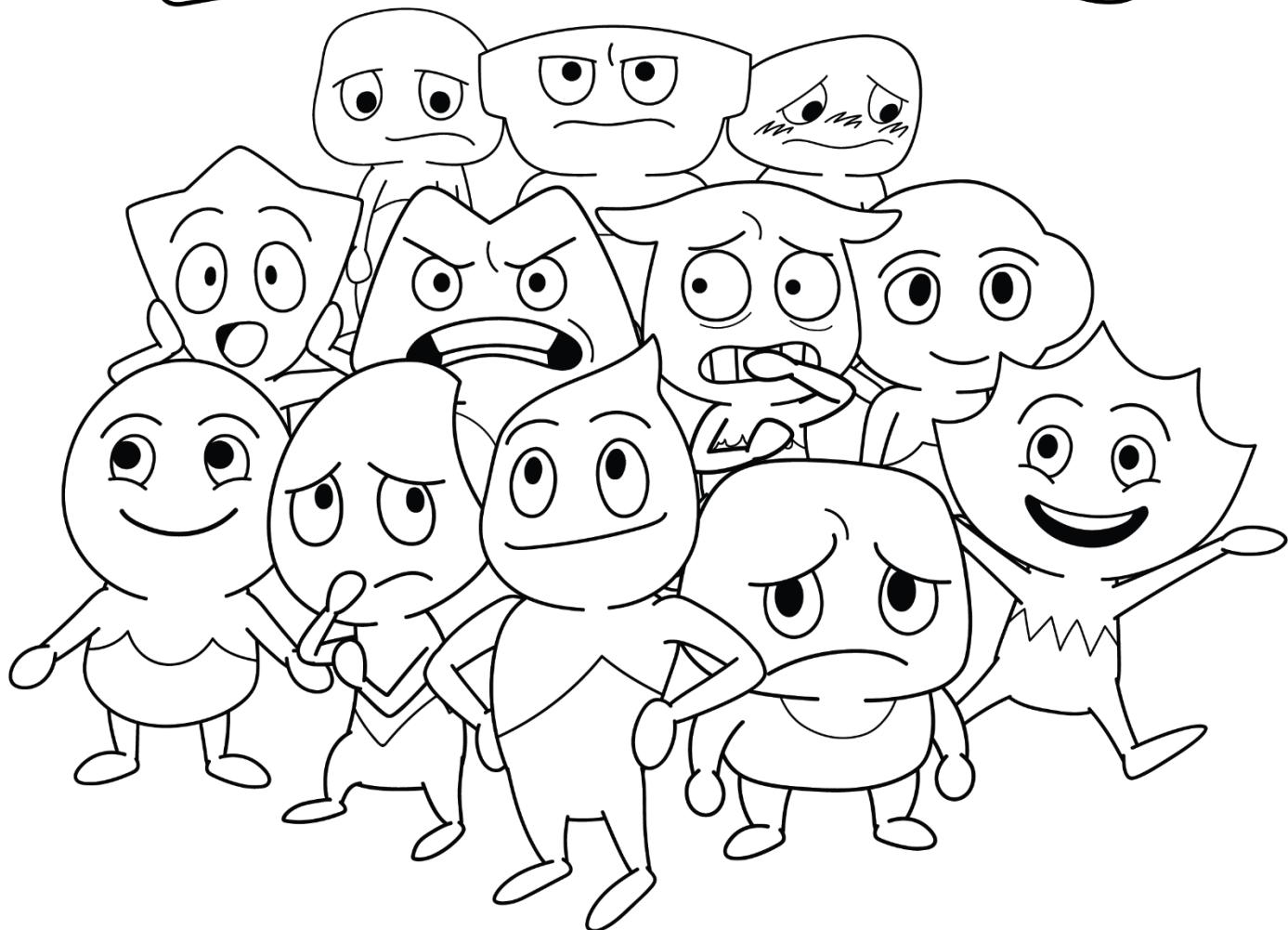
**Instructions for children:**

1. With your partner, read the story on your page and look at your Emotions handout to decide what emotion the main character is feeling.
2. When you decide on an emotion, raise your hand to check with me.
3. You and your partner will draw the main character and show how they are feeling with their face and body.

Emotion	Situation
Happy	Calvin got new, fancy sneakers for his birthday.
Sad	Gemma just found out that her best friend might move to another town.
Excited	Vivian's name was picked at the school assembly, and she gets to choose a prize from the treasure box!
Scared	Luis doesn't like going upstairs in his house when all the lights are off. His mom just asked him to go up and get a pair of socks.
Frustrated	Fatima tried her best and her soccer team still lost. They lost 5 games this season, even though they tried their best!
Angry	Kartar's little sister just colored on the drawing that he spent a long time making.
Surprised	Ayana opened her front door and found all her friends and family waiting to celebrate her birthday!
Worried	Michael's mom told him she may be late picking him up after art class. Michael keeps looking out the window to check if his mom is there yet.
Calm	Gavin is snuggling with his mom on the couch and watching his favorite TV show.
Disappointed	Layla was really hoping her brother would make it home from college to visit this weekend. But he has too much schoolwork to do, so he can't make it.

Proud	Sebastian has worked hard during his karate classes. He is going to earn a new belt tonight!
Embarrassed	Joon forgot that it was Pajama Day at school. She was the only person in her class who didn't wear pajamas to school.
Elated	When Ali opened his birthday present, he couldn't believe he got what he had been asking for all year—a brand new bike!
Enraged	Jia spent three weeks building her science fair volcano. When she got on the bus, another student knocked it out of her hand, and the volcano shattered all over the floor.

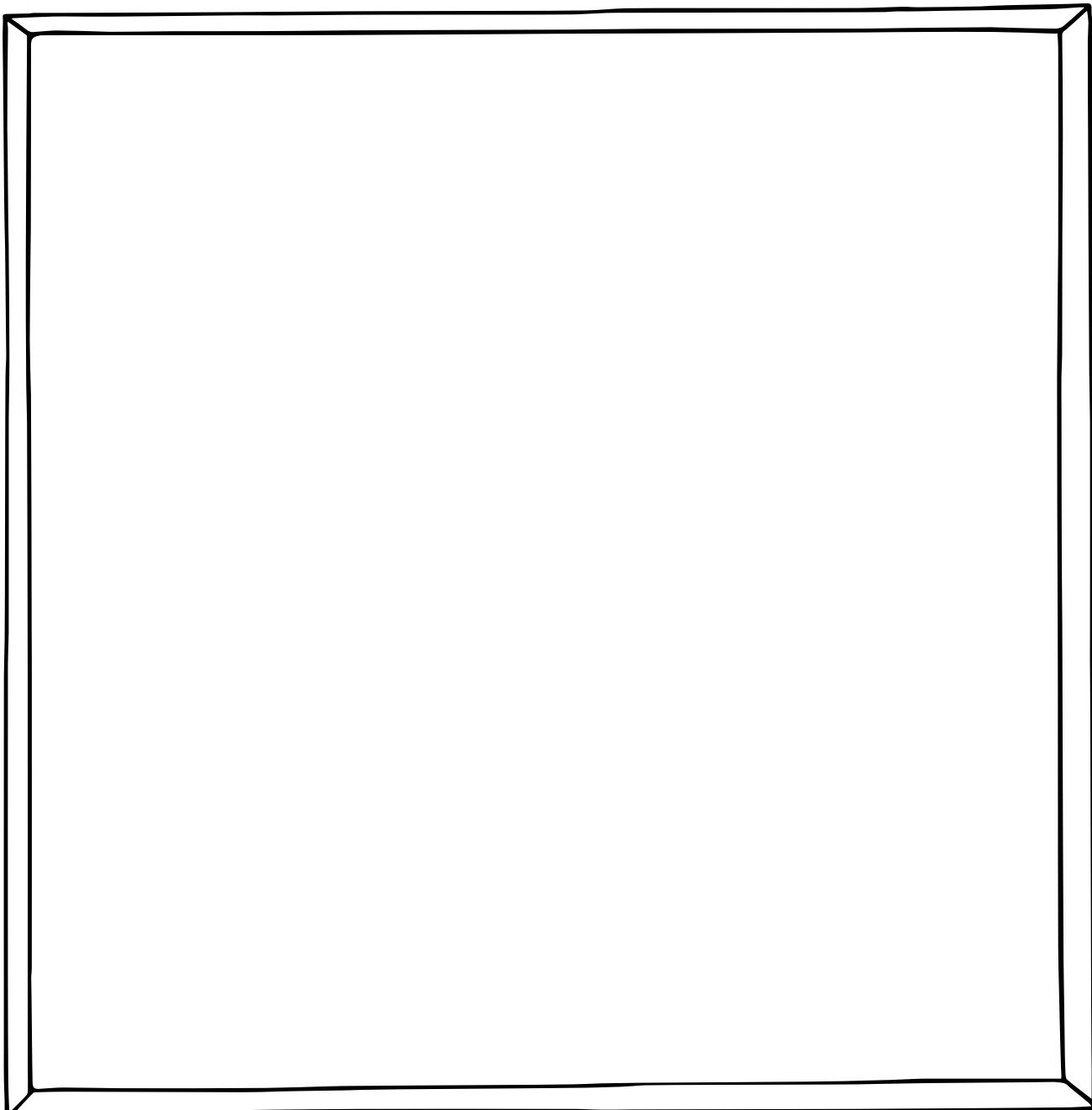
# Our Book of Emotions



Classroom Name: \_\_\_\_\_

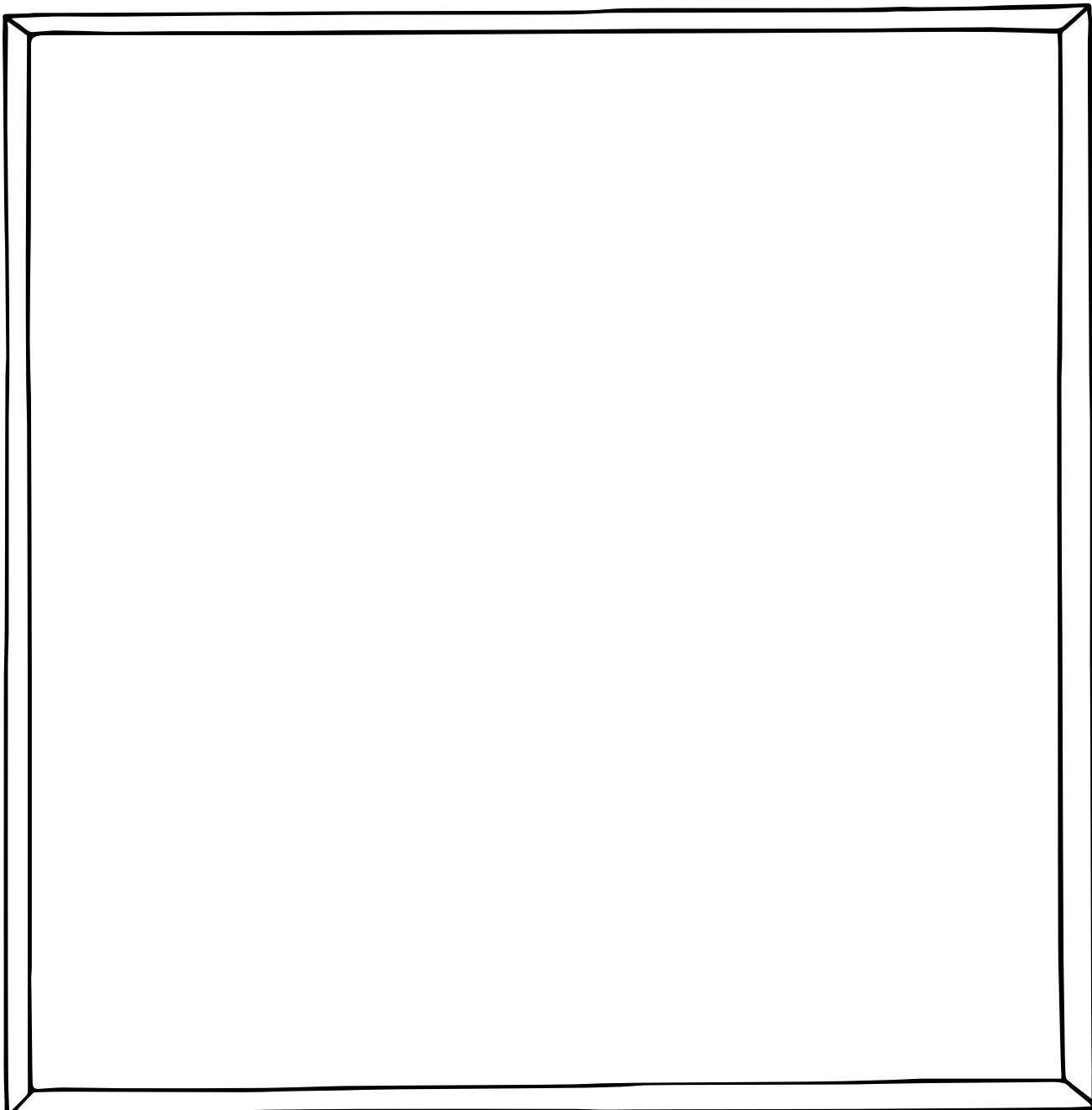
Calvin got new, fancy sneakers for his birthday.

Calvin feels \_\_\_\_\_.



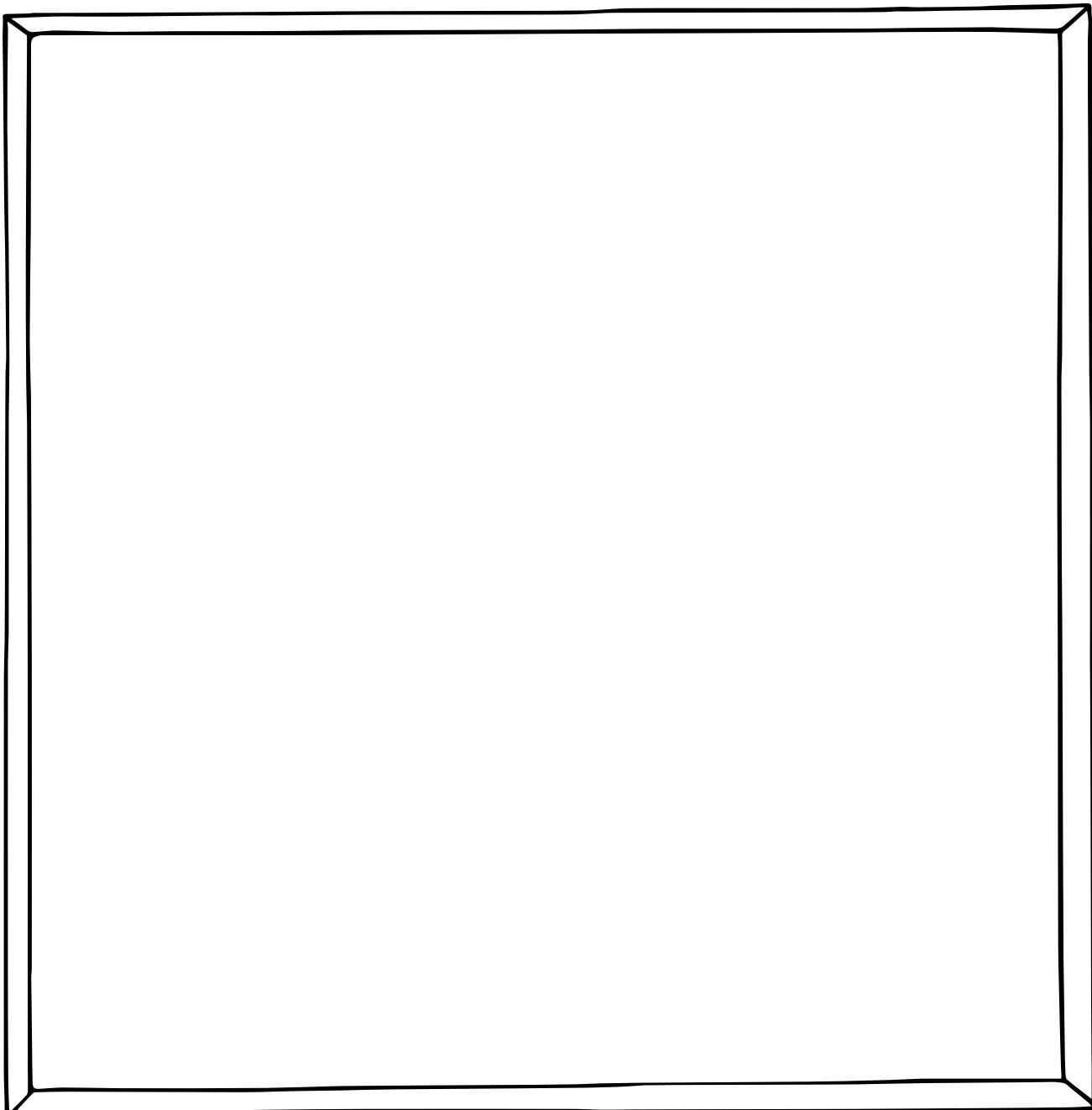
Gemma just found out that her best friend might move to another town.

Gemma feels \_\_\_\_\_.



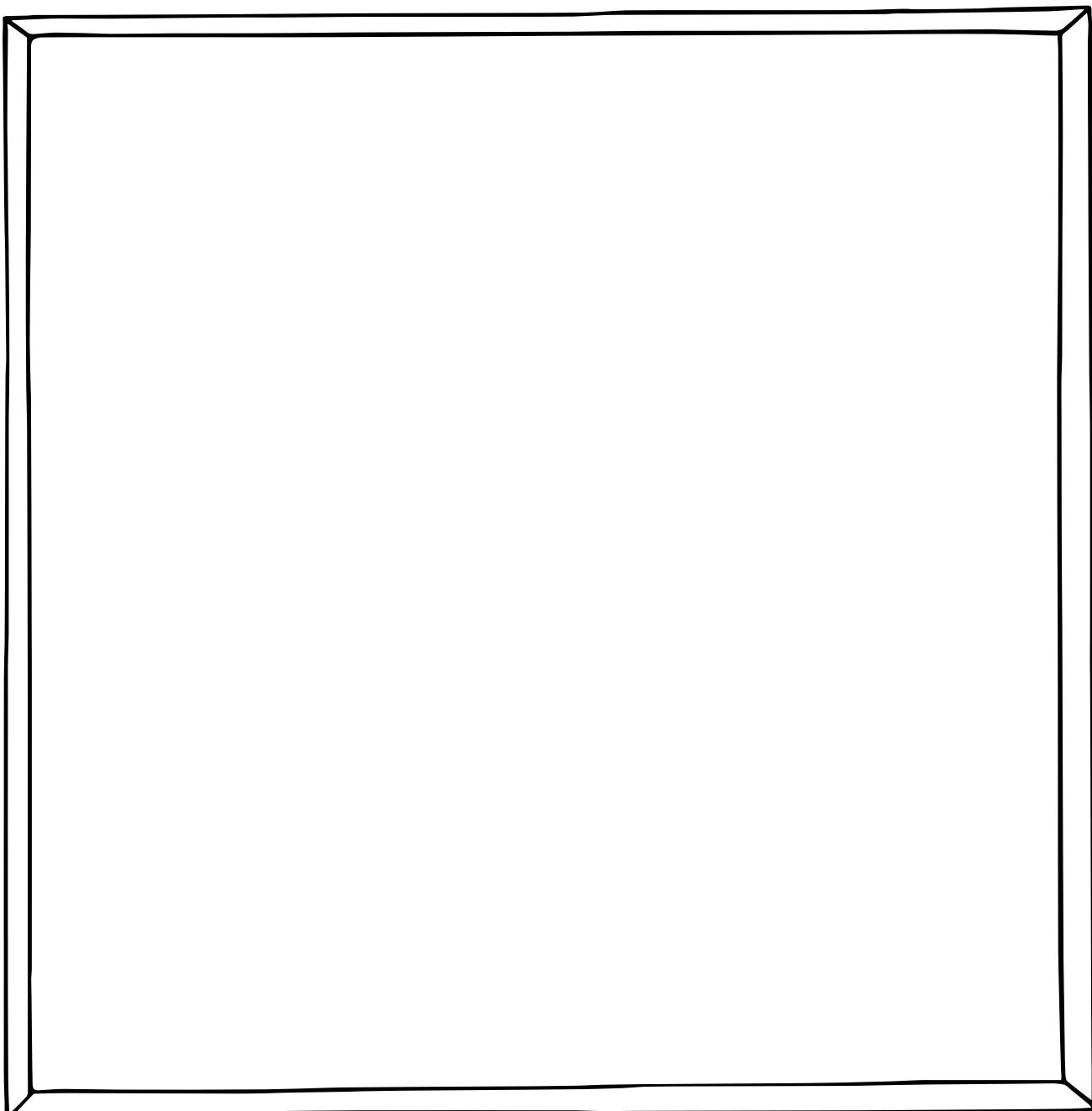
Vivian's name was picked at the school assembly, and she gets to choose a prize from the treasure box!

Vivian feels \_\_\_\_\_.



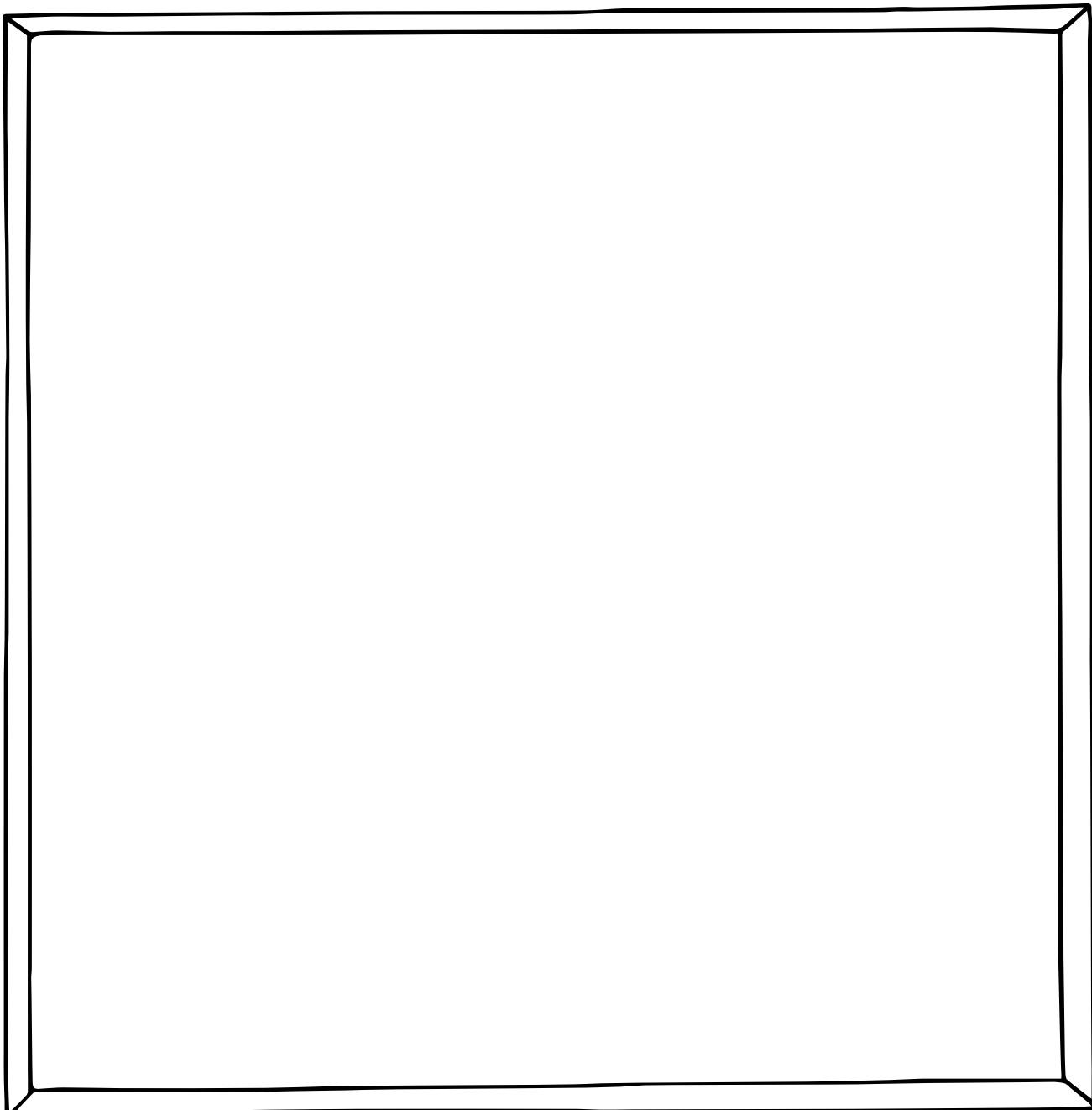
Luis doesn't like going upstairs in his house when all the lights are off. His mom just asked him to go up and get a pair of socks.

Luis feels \_\_\_\_\_.



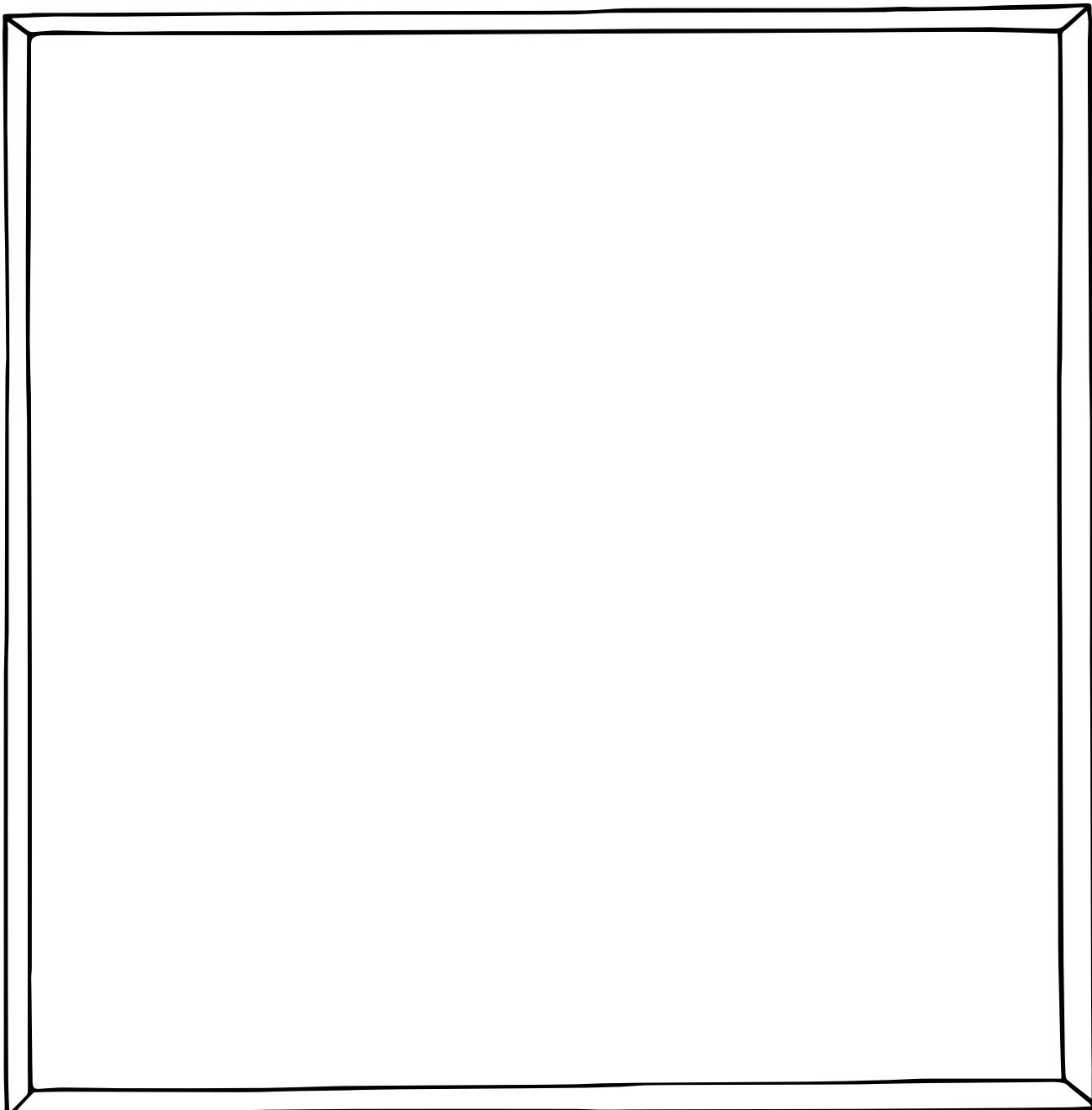
Fatima tried her best and her soccer team still lost. They lost 5 games this season, even though they tried their best!

Fatima feels \_\_\_\_\_.



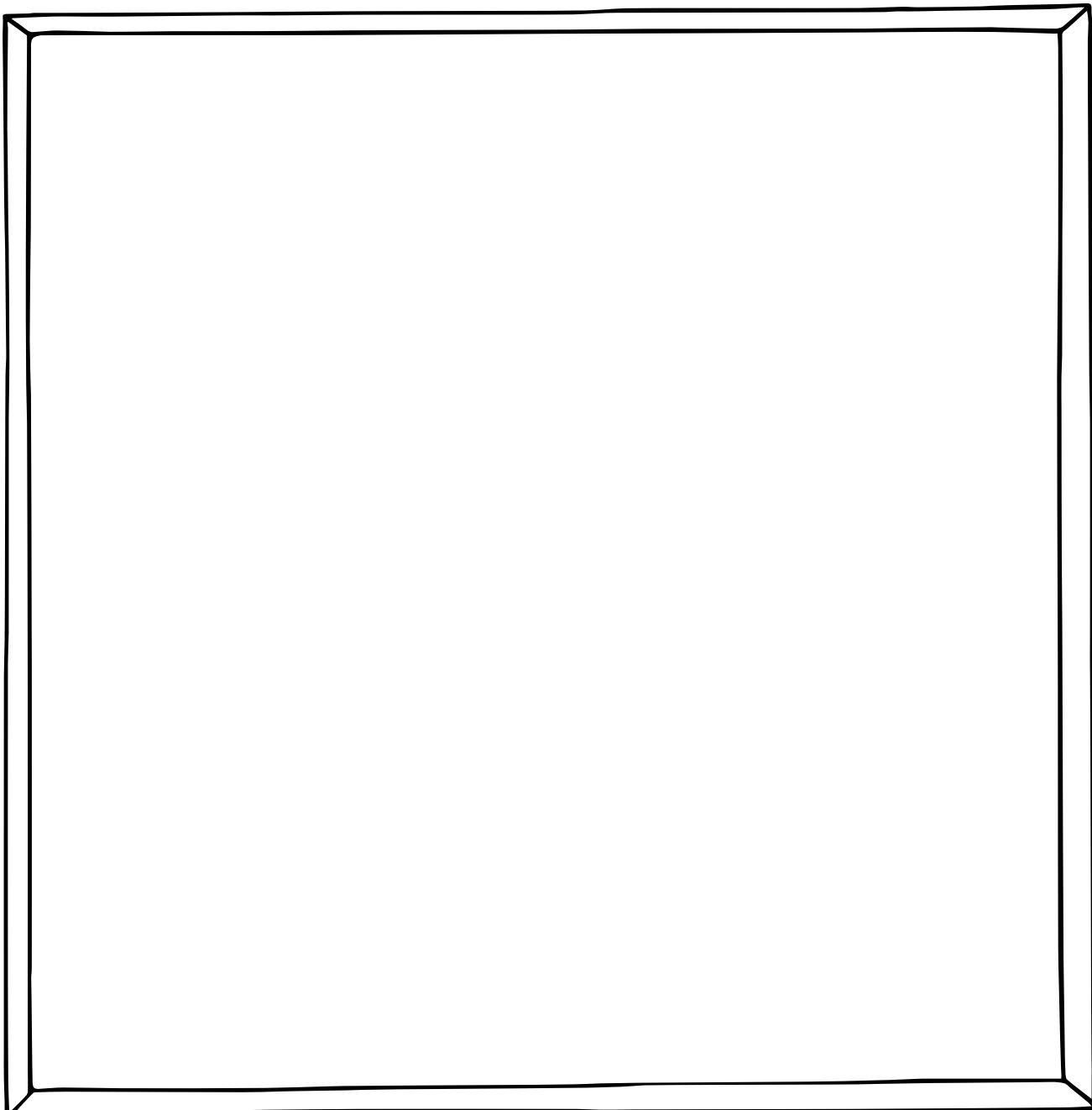
Kartar's little sister just colored on the drawing that he spent a long time making.

Kartar feels \_\_\_\_\_.



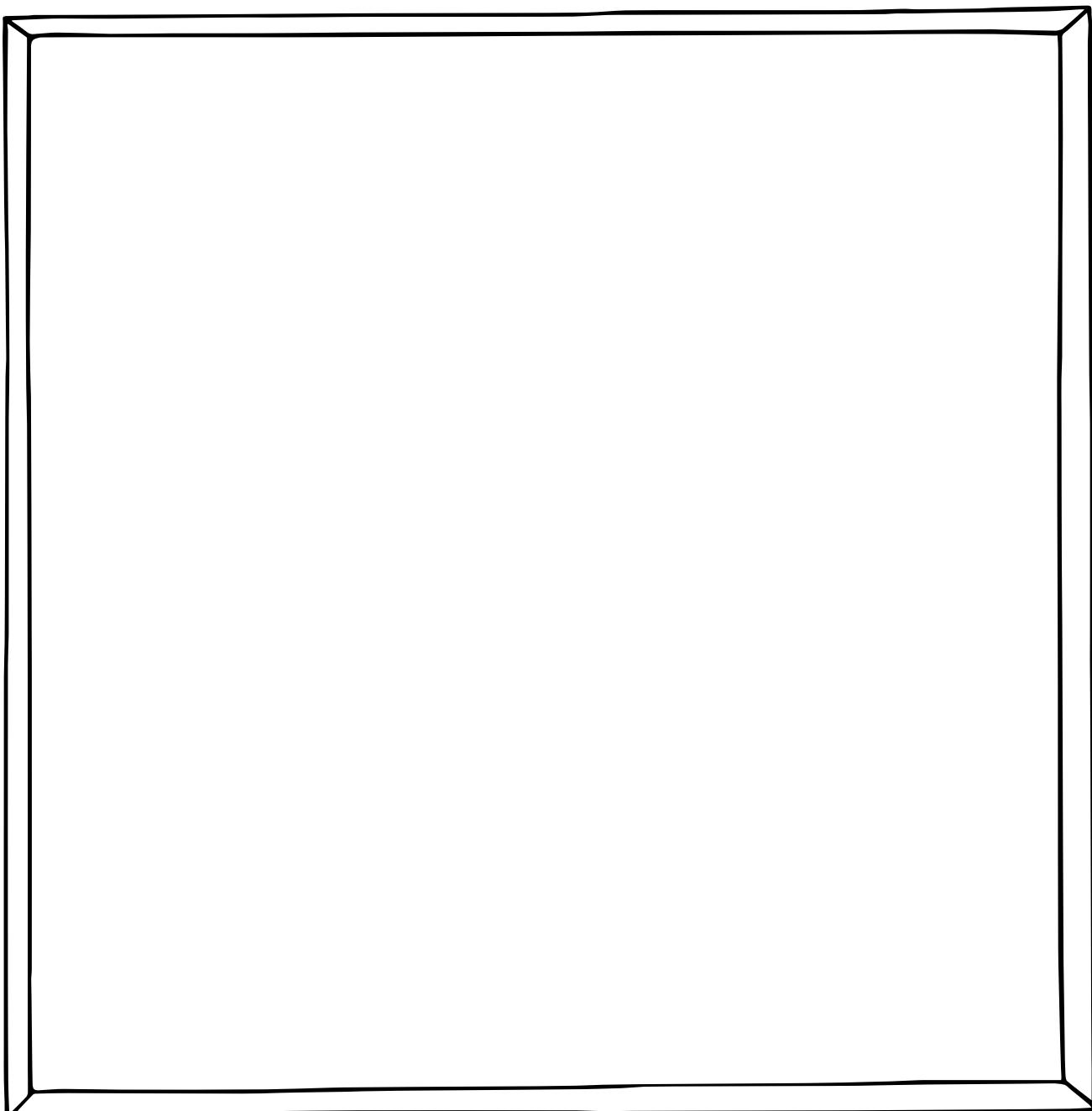
Ayana opened her front door and found all her friends and family waiting to celebrate her birthday!

Ayana feels \_\_\_\_\_.



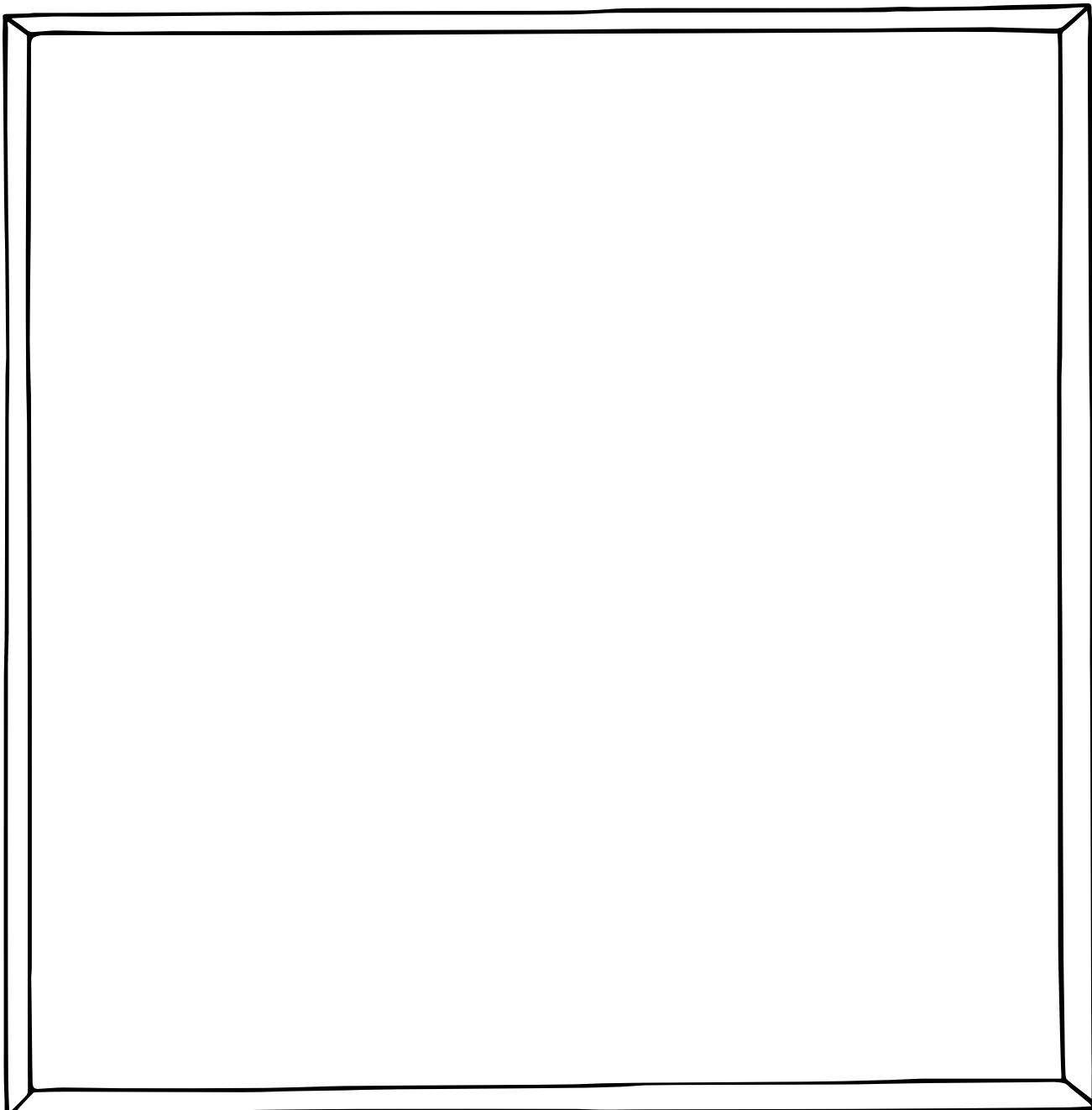
Michael's mom told him she may be late picking him up after art class. Michael keeps looking out the window to check if his mom is there yet.

Michael feels \_\_\_\_\_.



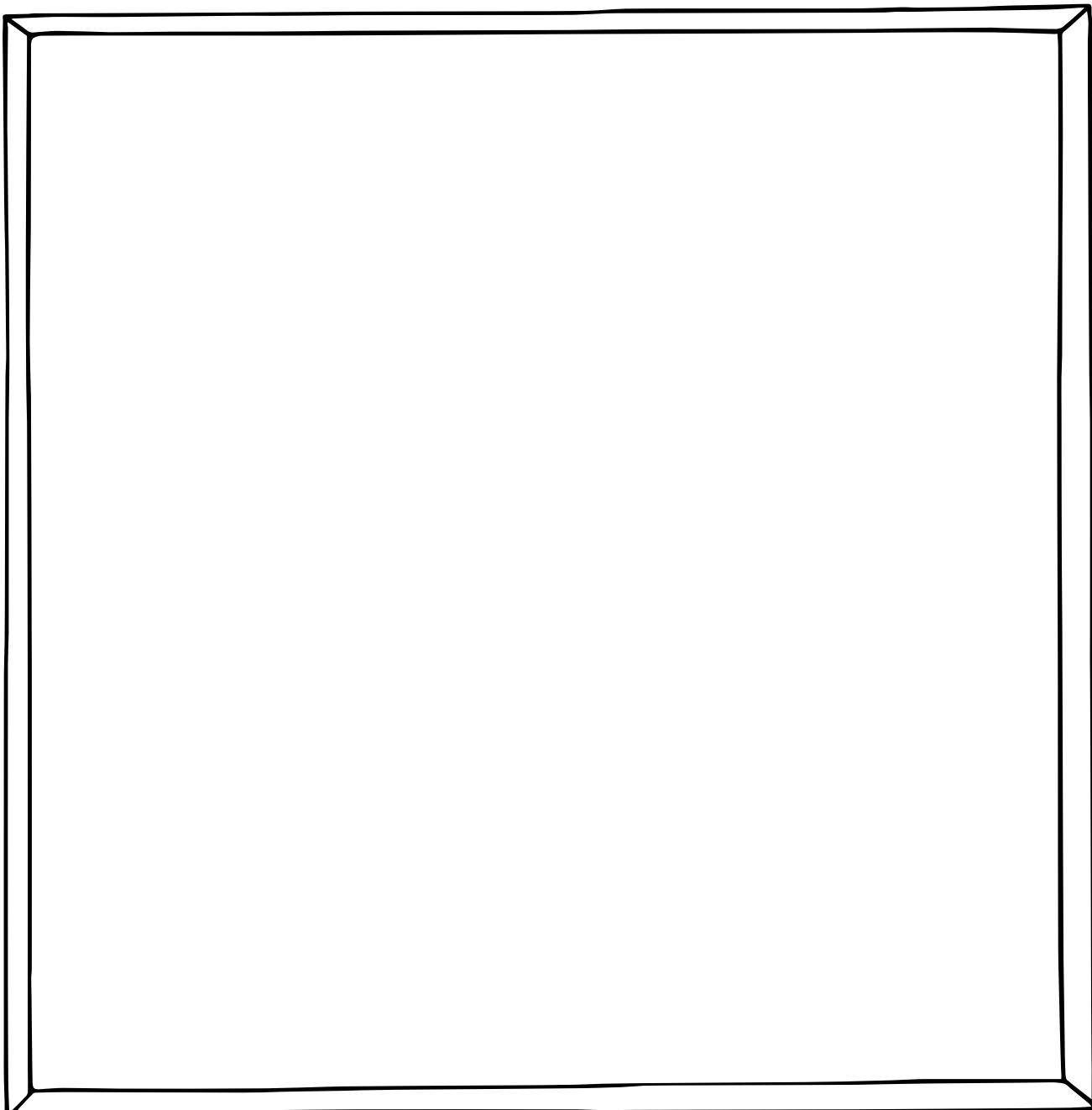
Gavin is snuggling with his mom on the couch and watching his favorite TV show.

Gavin feels \_\_\_\_\_.



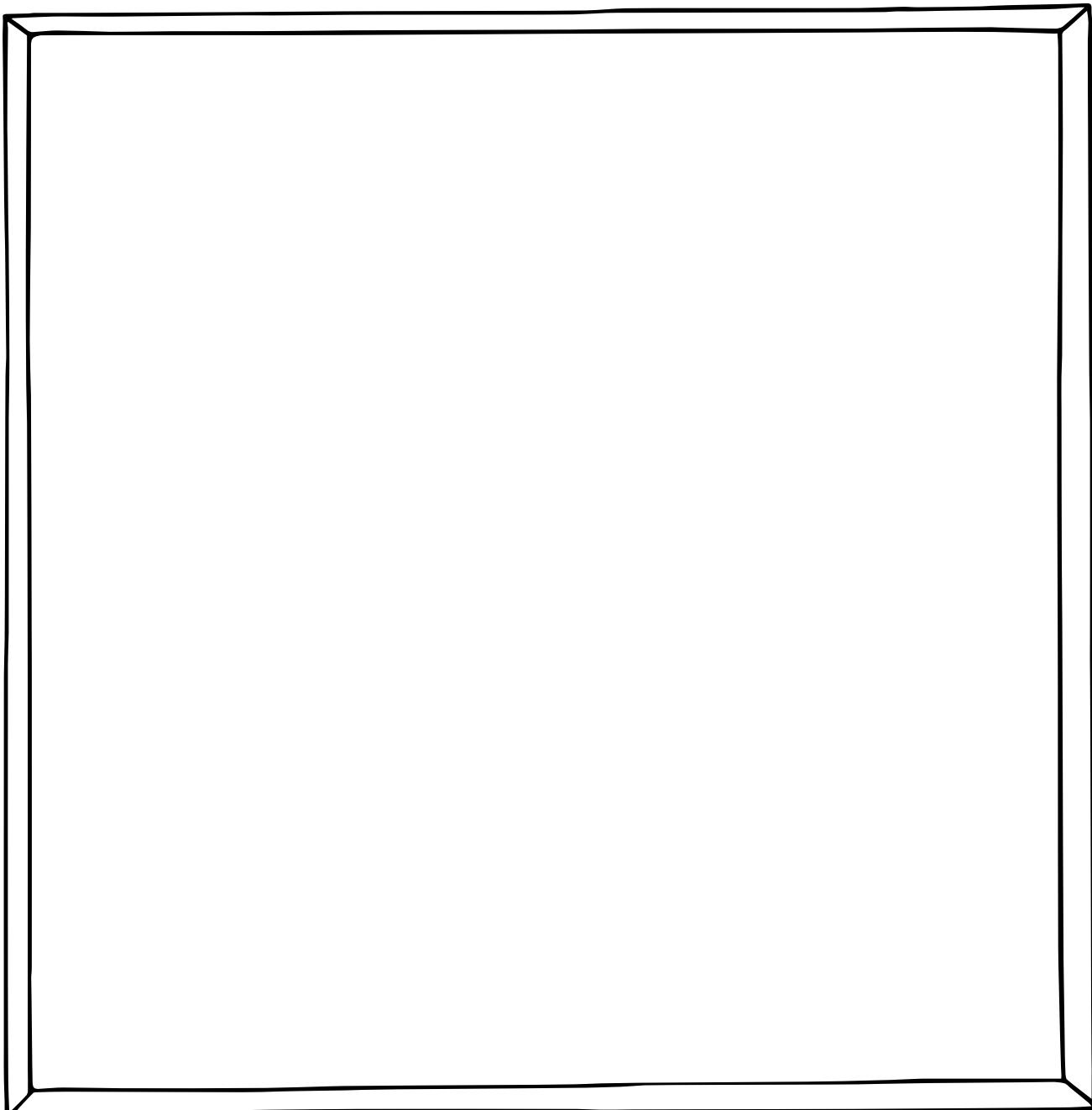
Layla was really hoping her brother would make it home from college to visit this weekend. But he has too much schoolwork to do, so he can't make it.

Layla feels \_\_\_\_\_.



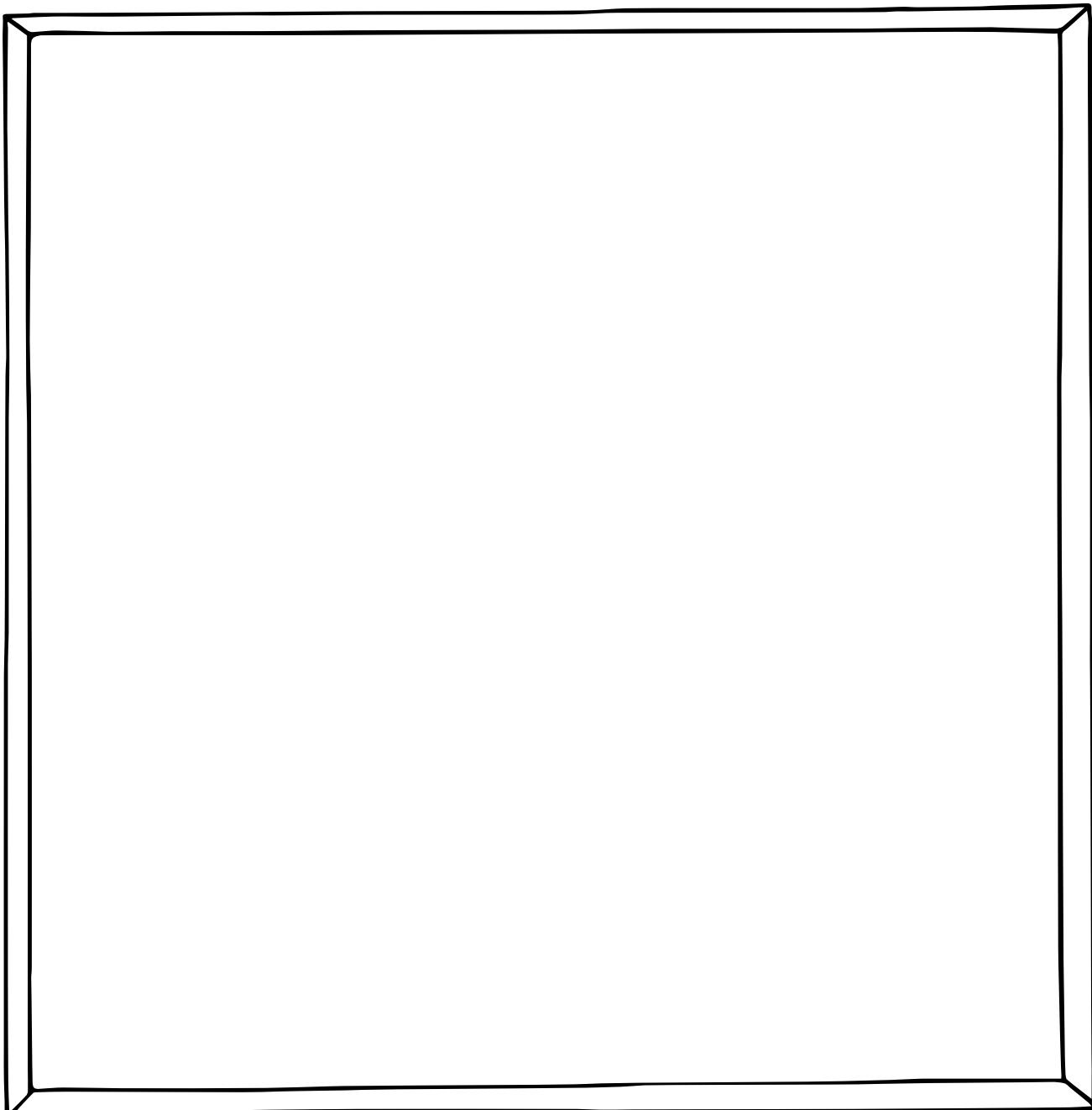
Sebastian has worked hard during his karate classes. He is going to earn a new belt tonight!

Sebastian feels \_\_\_\_\_.



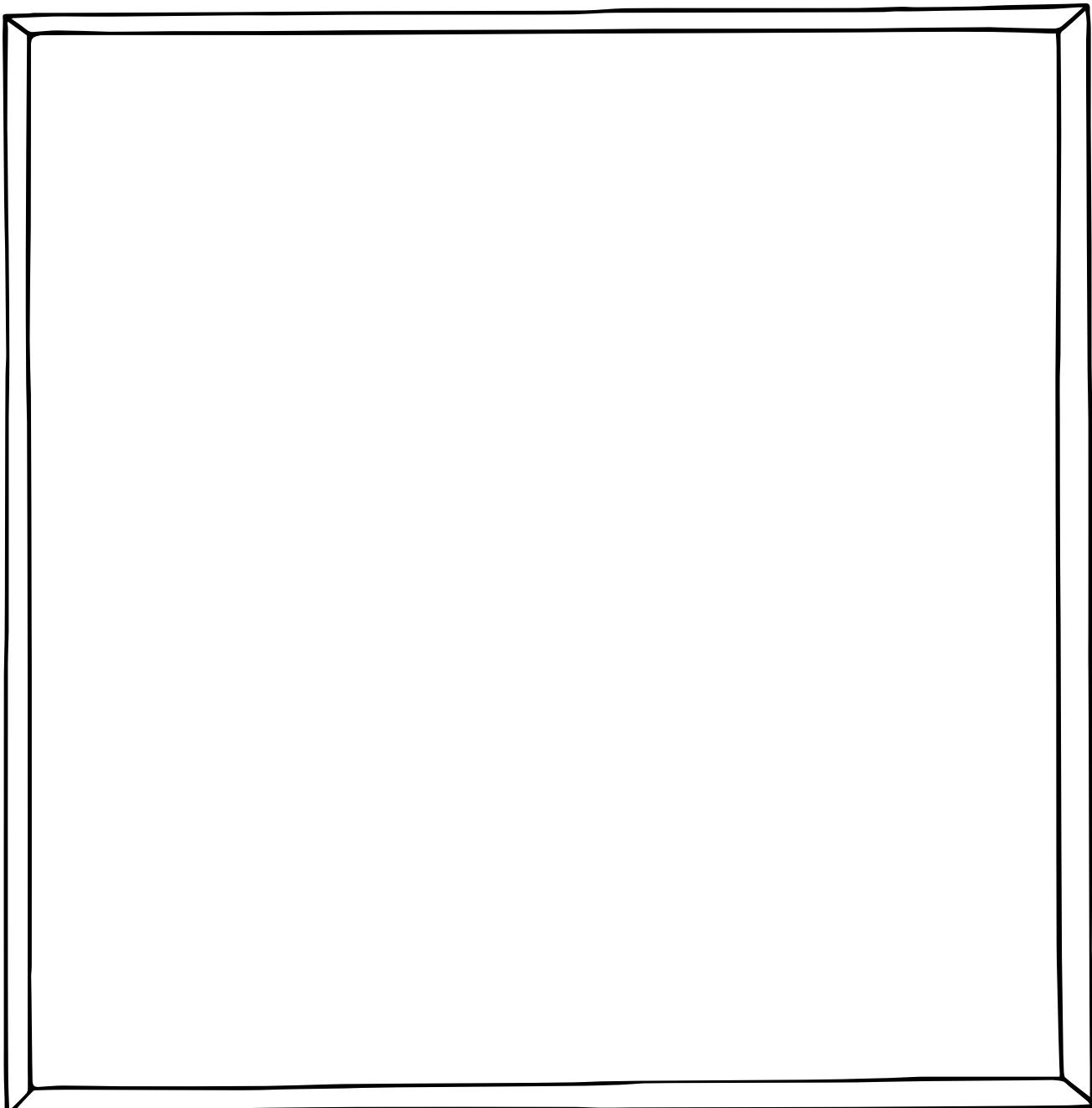
Joon forgot that it was Pajama Day at school. She was the only person in her class who didn't wear pajamas to school.

Joon feels \_\_\_\_\_.



When Ali opened his birthday present, he couldn't believe he got what he had been asking for all year—a brand new bike!

Ali feels \_\_\_\_\_.



Jia spent three weeks building her science fair volcano. When she got on the bus, another student knocked it out of her hand, and the volcano shattered all over the floor.

Jia feels \_\_\_\_\_.

